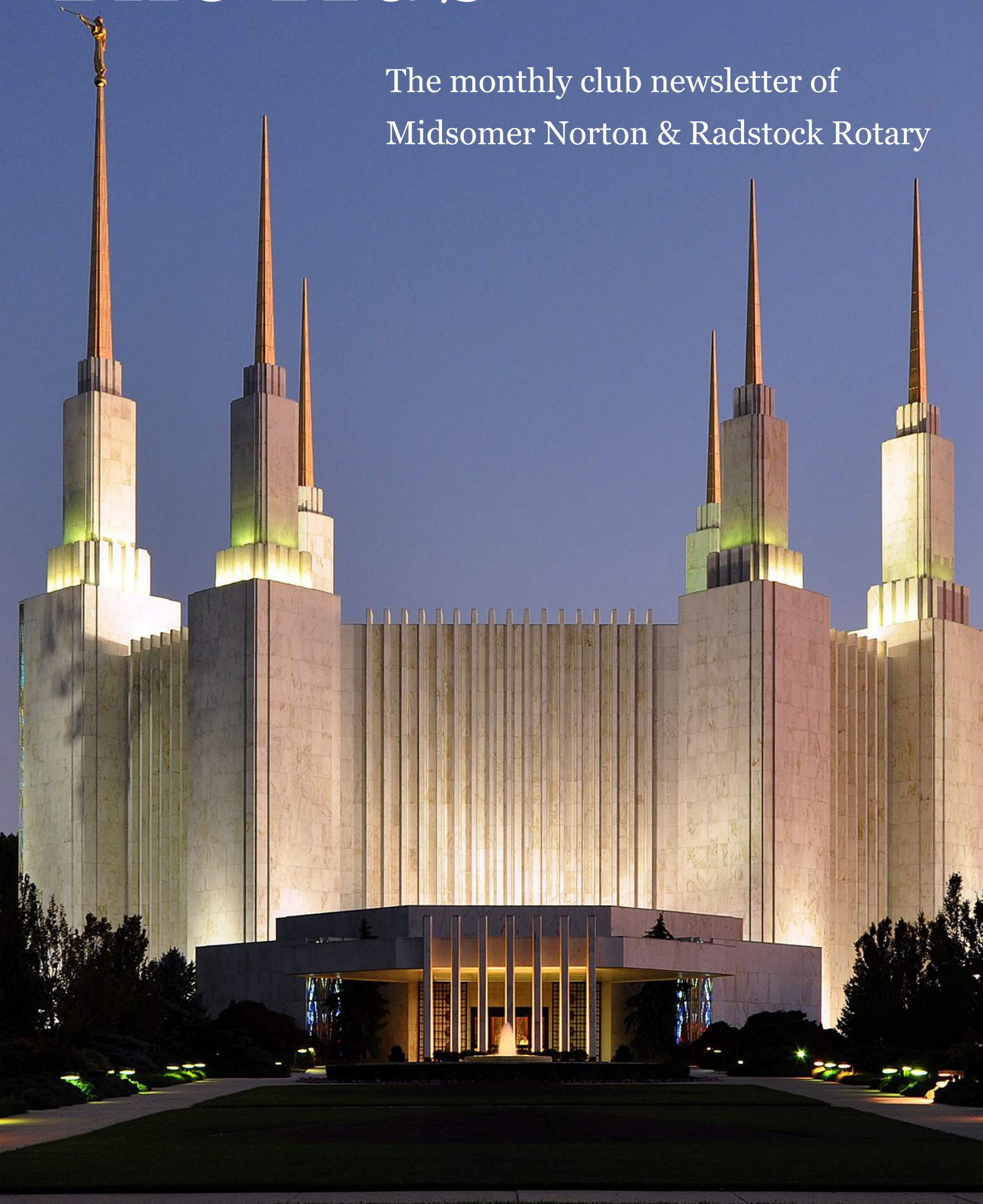


The Hub

April — May 2016

The monthly club newsletter of
Midsomer Norton & Radstock Rotary



Fellow Rotarians, My penultimate report, and for the new Hub. What a great job Reid has done. Thank You Reid, you have taken all this to a new level, well done.



Tina has kept communication going meantime with the e-newsletter. thank you Tina, It hasn't been easy getting editorial from everybody on time but you've done a great job for the club, keeping it going.

April is upon us. We have just had the talent Show at Writhlington Theatre. We had a very high standard this year coupled with a TV celebrity helping us out as a judge, I feel the event is just going to grow in the future. It is very rewarding to be involved and what a great job the Comvoc Committee have done on this professionally organised Rotary event,. Everyone involved should be very very proud, great job done, we ticked all the boxes & it raised about £1,000 for Charity !

We move on to the French Visit, we now have confirmed 25 arriving on Friday 27th May,. On Saturday, the international committee have a very full programme of events organised for the weekend, even if you are not hosting I would encourage you to involve yourselves with all events, you are all welcome to any event and to join in with the whole weekend culminating in my Presidents Spring Ball at Farrington Park.

Champagne reception on arrival & we have a table magician circulating all the tables throughout the evening, a full 4 course meal and dancing to Guy Johnson, a professional singer songwriter.

I hope you can all support this event so we can give our visitors from Libourne Saint Emilion Rotary Club a truly memorable evening , showing them our very best English hospitality. We then have a full Sunday visiting an English Winery and Lunch in a traditional English Pub then some fly back to France and some are staying on until Monday. You will all receive a schedule of all events that are taking place over the weekend from the international committee.

We have also had a visit from our RYLA students who demonstrated their tremendous confidence boost & public speaking skills given them by this fantastic experience.

I must congratulate and say a big thank to Robert Porter for putting himself forward to take on the Presidents position 2016/17 and congratulations to Patricia for stepping forward to take on the President elect position making her President 2018/19, making Club history as the First Lady President in our club !

I feel confident with Roberts experience serving on the area Team this year and holding this office twice before. Also he has embraced our modernisation programme that I have been so passionate about to keep our club current and moving forward to cope with the continually changing world we now live and work in.

We are moving towards our Club being fully computerised and transparent with the new "One Drive" Big thanks to Findlay who singlehandedly set this up and introduced this to the Club we now have an automated attendance register that allows accountability to the treasurer & any venue we dine at including our weekly meals at the Centurion making the treasurers job a little bit easier.

Thank you to you all for helping me to bring all these changes together I know it's been a journey of change this year but I believe it will be beneficial to the Club in the long run and will keep our Club vibrant & efficient ready to take on any challenge that comes our way in the future. **President Ian**

Welcome ...

to the first edition of the new HUB

We have gone **DIGITAL** and hope you will enjoy our new format which will have some of the favourites from the original Hub together with new and exciting content.

Contributions from Readers will be essential to the future development of our monthly newsletter.

Anyone wishing to be on our circulation list should email a request to the editor.

Following this bumper April/May first edition we will publish monthly from the start of June

Please send items for inclusion, by email, to:-

editor@rotary-hub.org.uk

Publication will be for the start of each month and copy deadline for the June edition is the 20th of May (The Editor reserves final decision on content for inclusion)

Editor

Front Cover Competition



Each month we will have a competition to identify the main image used on the front cover of the newsletter. Each image will come from the Editor's photo files.

First correct entry received by email to the Editor will receive a bottle of wine.



Our first edition front cover shows a capital city landmark What is it and Where is it ? Some say it is not easy, Good luck !

Entries to: editor@rotary-hub.org.uk



Birthdays—April/May

Ian Huxham,

Dom Chambers, Rob Porter,

Chris Jones, Brian Hobbs,

Jacob Rees-Mogg



COMING IN YOUR JUNE EDITION



“My thoughts on Bethlehem, Jerusalem, Life in The Holy Land” - read Dom Chamber's illustrated account of his visit to this iconic location

Monthly Quote:

"Men at some time are masters of their fates: The fault, dear Brutus, is not in our stars, but in ourselves, that we are underlings".



TALENT Show 2016 was a resounding success thanks to the hard work of our COMVOC committee.

15 acts were shortlisted for what proved to be a fantastically well received evening at Writhlington's Dragonfly Theatre

Our judges for the evening were Club President IAN HOBBS, LEAH SMITH from Midsomer & Radstock Journal, and TV presenter MARTIN ROBERTS and together with an audience of around 200 in the theatre they enjoyed an evening of amazing talent - music, song, dance and gymnastics from local young people.



1st Place - **Katy Blue** , who sang an operatic aria. Katy received £200 prize money, The Winners Cup, and a half day recording session at a well known local studio where she will receive professional guidance to produce a demo CD



2nd Place - and a cash prize of £200 went to duo **GUTS**



Dom Chambers
Rotarian, and Station
Manager of
[Somer Valley FM](http://www.somer-valley.com)
interviewed the acts and
compered the evening.



Joint 3rd Place (£50 Prize each) Awarded to **Zena Harper & Georgia Mann**

The judges found it so difficult to separate the 3rd place awards and therefor Judge Martin Roberts generously donated the additional £50 prize money .

*Many thanks to all who took part - we hope to be back next year
with an even bigger show !*

Our Club Charity Structure ...

Club Members will be aware of a number of discussions over recent months regarding possible changes to the status of our charity account.

Let's clarify why these changes are necessary:

Club Council, in consultation with the existing Charity Trustees, have agreed that we should propose changing the structure of our Charitable Trust.

General Objectives:

1. Restructure to ensure separation and transparency of Charity operations from general Club function.
2. Appoint Trustees for Charity who are not officers of Club to avoid potential conflict of interest.
3. Define a new Trust Structure to better suit our ongoing fundraising activities.
4. Shield Trustees from personal liability

These changes will be proposed at our AGM 2016

Restaurant Review

Aquila - Baldwin St. Bristol <http://www.aquila-restaurant.com/>

Tel: 0117 3210 322

Aquila is a modern Italian restaurant in the centre of Bristol offering a high level of service and cuisine. (with staff who do speak Italian) The food preparation area is open to view and background music is naturally Italian and unobtrusive.

A comprehensive wine list is available. It is open throughout the day and the reviewer visited for a pre —theatre meal for two people (2 courses and a pleasant bottle of wine , £68

(Reviewed 29th March 2016)

(please send reviews of restaurants you have visited to the Editor)



FRASER MALIK STUNT MAN

(Host Tina Veater)

Fraser always wanted to be a stunt man and started when he was 15; he is now 23. He became a black belt at Jamie Woodlands Black Belt Academy.

He then took up “Free Running” or [“Parkour”](#) which is a philosophy and a way of life whose believers think that there is no obstacle in life that cannot be overcome; to be able to master all obstacles is to know freedom.

George Hebert in 1960, a French PE Expert created an assault course to help troops move across country.

Fraser who had made a video a couple of years ago asked to be on “Dr Who” and was summoned to Cardiff for an interview. Fraser woke up at 05:00, was on set at 06:00 having already had a make-up session. We didn’t hear if he got onto “Dr Who”.

Locally Fraser was videoed doing a running and jumping backward flip (somersault) over the river Somer in the High Street, clearing both walls and this got him a BBC contract and he was asked to go on a “Penny Dreadful” shooting in Ireland for 2 weeks.

“My day to day job is teaching young people to do things that they think are impossible. “

“My idea is to make young minds as unique and different as possible. All our futures may well depend on free-thinking people and this is what I am teaching them to be.”

Fraser was asked what his worst injuries had been.

On one occasion when doing this “free running” and jumping, he came off a bar and landed heavily wrist first; this kept him off for 2 years and he’s only 23 now.



(photo: Fraser with our own “free runner” Rob)

The French are the originators of “Free Running” which they planned to use for infantry going across country. Asked if he checked his surroundings before back flipping (a standing backwards somersault) he said, “Always”. He also does a lot of stretching exercises anyway.

Host Tina Veater, in thanking Fraser Malik for his talk and demonstrations, said that Fraser was inspirational to the young boys and girls he tutors.

(JR-L)





Inner Wheel News

The importance of sufferers maintaining a gluten free diet was recently impressed on Midsomer Norton & Radstock Inner Wheel members by Adrian Bass of [Coeliac UK](#).

Avidly reading food labels for any sign of gluten was vital and particularly poignant for president Jacky Emm and her family, as her

6 year old grand daughter has the life long condition.

During her year at the club's helm, members are helping Jacky raise funds for the coeliac charity and the club's forthcoming money raising event will take place at the **Somer Centre on May 7th** with a fun evening of entertainment from the New Delta Jazz Band, plus a fish and chip supper and bar refreshments. Tickets at £20 each are now on sale from Mollie Arnold Tel: 01761 416811.



At their meeting in Kilmersdon's Jolliffe Arms, members welcomed and inducted newcomer Elaine Muir to their fold,

A recent meeting featured Mary Hawkins of Bath who spoke about her 50 years as a hairdresser (now retired), a job which she enjoyed every day getting up to do. She got to know her clients very well and was still looking after many individual heads of hair for 45 years. Her role was not only making them feel better...she also was called on to be a psychologist, priest and friend in helping to sort out problems. Nowadays she gives talk to raise money for Cancer Research



* * * * *

Rosemary Squires, the UK's best known big band singer, captivated 80 Inner Wheel members at MSN & Radstock's Interclub when she entertained with anecdotes of gigs, giggles and gossip from her international years with great stars, great songs.



Now in her 80s, with a beguiling west country burr, she warmly made every listener feel she was personally talking to them about her long career in big bands, cabaret, TV, radio and variety, starring with the BBC Concert Orchestra, Geraldo, Ted Heath, Johnny Dankworth and the likes of Danny Kaye, Sammy Davis Jnr, Johnny Carson, Cliff Richard and Ken Dodd.

Since her first BBC radio series in 1948, she has been at the forefront of popular singing; twice she was named female vocalist of the year; for five year's was the Melody Maker music publication's top singer, and in 2004 was honoured with the MBE for services to music and charity.



Not to be confused with Dorothy Squires (who married Roger Moore) Rosemary came from a Welsh musical background and lived in Bristol before moving with her family to Salisbury where she now lives with husband and "roadie" manager Frank Lockyer, a former police officer. This month the couple celebrate their silver wedding anniversary.

When The Beatles exploded on to the scene in the early 1960s, the heyday of big band abruptly ended but, undaunted, Rosemary carved a new career as "Queen of the advertising jingles" and her "hands that do dishes" is the longest running advertisement.

Her first TV series was as Reg Dixon's scatty wife and she later became, at the suggestion of her fan Roy Hudd, the UK's answer to Doris Day, starring in Day by Day with Dennis Lotis.

Over the years Rosemary has topped the bill at many royal events, including at Prince Edward's 30th birthday and at the Royal Albert Hall in 2012 to celebrate the Queen's Diamond Jubilee, a show that continued to play to thousands around the country and marked her own 60 years as in the words of her proudest epithet ... "a musician's singer". Rosemary went on to answer many questions from a very appreciative audience, was heartily thanked by Heather Langridge, and was presented with a cheque for the Salisbury Hospice by IW President Jacky Emm, who also praised the many members from around the west country for joining in the sumptuous afternoon tea at the Somer Centre provided by the local members.

The club's next big event in a Jazz Evening, with a fish and chip supper and bar, in the Somer Centre on May 7th in aid of Jacky's chosen charity Coeliac UK. Tickets are available from Mollie Arnold on 01761 416811.

Doggy Humour



I hope your dog is now
"Micro-chipped"

The Autumn District Conference 14th – 16th October at St John's Hotel, Solihull.

Speaker - Douglas Naish

Solihull was said in 2014 to be the best place in Britain to live! The conference involves inspirational speakers including Michael Portillo, a very good venue and good food.

There is a sumptuous buffet and dancing on the first night and a dinner and dance to a very good band on the second night. There is golf at the West Midlands Golf Club and something worthwhile in the programme for everyone.

We will be the sole occupants of the Hotel and the slogan this year is, "Yes! Rotary Can!" The cost is £470 and it will be worth booking early because of the discounts before 31st May.

Please look at district1200conference.org

In Jon's "Thank you" to Douglas, he said that even a bad conference can be enormous fun, but the enthusiasm of this one and the venue are going to make a really great holiday. All of us should come; its Rotary at its best.

There is a book-early discount (by 31st May) of £15 per delegate and entry into a prize draw for a free weekend for two. Ample car parking, free WiFi and an easy drive from the Motorway. Do look at the website district1200conference.org



DID YOU KNOW!

Rotarians receive a **25%** discount on
Dinner and Sunday Lunch at - The Restaurant



BEST WESTERN PLUS tel: 01761 417711

CENTURION HOTEL



**Inner Wheel Charity Jazz Night
Saturday 7th May, Somer Centre**



In aid of Coeliac UK

Tickets from



**ANNUAL CHARITY
GOLF DAY**



**Friday 8th July
Farrington Park**

Why not enter a team of 4 and support this great charity event

More details to follow from Rob Porter



Saturday 7th May

Midsomer Norton
Farmer's Market

**Water Box
Collection**

Come along and help



**Farrington Park
28th May**

With our French Link Club

President's Spring Ball

Evening Dinner Meeting

Thursday 28th April

The Restaurant, at The Centurion

S O C I A L E V E N I N G

Rotarian Profiles

(A periodic look at the background of our fellow Rotarians)



Dr. David Protheroe



Born in 1937 at Sheffield just after my parents arrived there, so I became a Welshman during the rugby season and a Yorkshire man during the cricket season.

I went to a local grammar school & from there to Trinity College Oxford to read Physiology & Biochemistry then Medicine at St. Thomas's Hospital London qualifying in 1963. I did my house jobs in Sheffield and then specialised in Anaesthesia, starting there and then moving on to Lincoln, Bristol, Denmark and Bath where I was appointed consultant in Anaesthesia and Intensive Care in 1972.

I worked in the Royal United Hospital Bath until 1999 when I retired. Whilst there I also did various research projects mainly on infusion pumps and syringe drivers and as a result was appointed to a British Standards Institute committee, shortly after appointment I became Chairman at the B.S.I and a member of The International Institute of Electrical Engineering Committee on the standardisation of infusion pumps etc.

It was great fun meeting all the international experts and travelling the world, but somewhat outside my normal boundaries as we seemed to deal mainly in physics, mathematics and micro engineering.

After I retired I was able to spend much more enjoyable time with Meg and the family and I rejoined Rotary, which I had originally been a member of in Bath for a couple of years.

Are **YOU** in the **CLUB** ...

that is the **100 CLUB** !

If not .. WHY NOT ?

Join up, Just £5.00 per month

The monthly 100 Club draw gives you the chance to win one of three prizes:

1st - £80.00

2nd - £40.00

3rd - £20.00

After prize distribution all proceeds go to the Rotary Foundation Charity.

The Rotary Foundation ...

is a not-for-profit organisation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs.

It is supported solely by voluntary contributions from Rotarians and friends of the Foundation who share its vision of a better world.

Polio Plus: Rotarians have mobilised by the hundreds of thousands to ensure that children are immunized against this crippling disease and that surveillance is strong despite the poor infrastructure, extreme poverty and civil strife of many countries.

Since the Polio Plus program's inception in 1985 more than two billion children have received oral polio vaccine. To date, 209 countries, territories and areas around the world are polio-free.

Join The 100 CLUB - ask any Rotarian to get details

AMY KUZEMKA
Her Job in Forensic Pathology

Host - Roger Winsley

Amy's early years and training led her into Forensic Pathology; she works in a lab but also at various crime scenes collecting traces of all sorts of fluids and also discovering the un-see-able finger prints that other people can't find.

Kicking people and stamping on them transfers blood to clothes; traces of blood will always be found above the knees of the kicker's trousers. The more force that is used the more obvious the blood traces become. When testing, the use of enhancement chemicals, will produce different colours on both shoes and clothing.

Semen is very easy to identify; a screening test can point to the area on the sheet and sperm heads are easy to discover, so the owner can be found by DNA testing. Saliva is another identifiable body fluid, particularly useful where the perpetrators spit on the body, a common occurrence. The amylase present in saliva gives a bright blue colour with certain detection fluids but you do have to locate the body fluid on an item.

There is DNA in every cell and this can be collected and identified following just the touch of a hand or body part by means of sections of adhesive tape. A profiling unit releases this DNA and measures and identifies it. People sometimes have the same type of DNA from both parents which makes the profile twice as big and easy to see.

Although the chances of getting a match is one in billions, one in 10 cases involve searching from a sample. The cost of a search is hundreds of pounds per sample.

Use of a phone or laptop leaves tell-tale traces of you on the keys or casing but where several people have been involved, look also for blood, semen and saliva traces. Rubbing a filter paper on a blood trace will give a bright stain on the paper. You have to turn this into a drawing of the shape of the stain.

Because of the cost of these blood and body fluid searches (and the identification), the police are rather limited by lack of money. Amy said that each sample can cost hundreds of pounds to identify so it seems that this is not all easy to complete!

Host Roger Winsley thanked Amy Kuzemka for her fascinating talk and for her dedicated work. Obviously we are not all experts now but we have got an inkling of what to look for.

(JR-L)





What's for lunch?

April Menus

1st April	Mini Thai Fish cakes / Pork chop with mustard mash, gravy and veg
8th April	Leek & potato soup / Fish of the day
15th April	Garlic Mushrooms / Chicken Curry with Rice
22nd April	Smoked mackerel with beetroot remoulade / Steak & chips with Rocket

May Menus

6th May	Chicken Gratin With Rice/Lemon tart with cream
13th May	Vegetable soup / Ham egg and chips
20th May	Breaded Mushrooms / Meat Veg and roast potatoes with Gravy
27th May	Chicken liver parfait/ Battered fish chips and peas

Update your diary

As you can now view this newsletter as a digital publication you may link to the Club Future Events Diary details via:-

[THIS LINK](#)

[CLUB MAIN WEBSITE HOMEPAGE LINK](#)

www.rotarynr.org.uk

(To use live links, please download newsletter to your browser)

